

NEWSLETTER

July 2015





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CONTENTS

LETTER FROM THE PRESIDENT	3
UPDATES ON ESRS CONGRESSES.....	5
WSF 2015 Istanbul	5
ESRS 2016 Bologna.....	5
REPORT ON THE ANSS MEETING (PRAGUE, MAY 1-3, 2015).....	6
THE JOURNAL OF SLEEP RESEARCH: WHERE ARE WE NOW?	8
DERK-JAN DIJK AWARDED DISTINGUISHED SCIENTIST AWARD BY THE SLEEP RESEARCH SOCIETY	10
SLEEP MEDICINE TEXTBOOK	11
REPORT ON THE ESRS-ERS MEETING IN BARCELONA (APRIL 16-18, 2015) ..	12
CERTIFIED EXPERT SOMNOLOGISTS 2015	13
CERTIFIED EXPERT TECHNOLOGISTS 2015	14
NATIONAL SLEEP SOCIETY HIGHLIGHT SERIES.....	15
Interview with the President of the French Society for Sleep Research and Sleep Medicine (SFRMS), Prof. Isabelle Arnulf	15
ESRS EVENTS	18
EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES	19
FUTURE MEETINGS	20
NEW MEMBERS	22
JOB OPPORTUNITIES.....	25
EUROPEAN SLEEP RESEARCH SOCIETY OFFICERS OF THE ESRS BOARD ..	26
SCIENTIFIC COMMITTEE	27



LETTER FROM THE PRESIDENT

Dear ESRS and ANSS members, Colleagues and Friends,

The beautiful month of July is once again upon us after a year filled to the brim with exciting new research themes, clinical activities and teaching in the sleep domain. I hope this summer ESRS newsletter finds you in splendid shape and that you will enjoy pleasant and well-deserved breaks between busy days devoted to finalizing delayed articles!

What's the news from the ESRS front?

In April 2015, we had successfully organized, for the third time, a joint ERS-ESRS [Sleep & Breathing meeting](#) in Barcelona. The educational and scientific program was excellent and unanimously appreciated and was an occasion for many of the attendees to get a comprehensive overview of sleep and sleep disorders. We are grateful to the ERS and ESRS Sleep & Breathing chairs for their very dedicated and excellent work.

Sleep & Breathing in Barcelona was also an opportunity for the ESRS to certify 64 new [Expert Somnologists](#) and 32 grandparent [Expert Somnologist Technologists](#). The ESRS board warmly congratulates these successful candidates, and you will find their names in this issue. The new Experts were also the first applicants to sustain an examination based on the [European Sleep Medicine textbook](#), which is based on the ESRS [Catalogue of Knowledge and Skills for Sleep Medicine](#). The textbook is now the established reference material for the development of the European certification in sleep medicine and has been endorsed by other societies (e.g. the ERS). If you do not yet have your copy of this book, you can order it [here](#). This will give you time to prepare for the next Expert Somnologist examination, which will take place in September 2016 in Bologna at the 23rd ESRS meeting.

Shortly after Barcelona, the annual meeting of the Association of National Sleep Societies (ANSS) of the ESRS was held in Prague. This meeting was the stage for fruitful discussions and exchanges between the ESRS board and the presidents of the ANSS, as you will see from [the report](#) of Liborio Parrino, head of the Executive Committee of ANSS. In this newsletter, we are also continuing our spotlight focus on National Sleep Societies with an interview of Isabelle Arnulf, president of the French Society for Sleep Research and Sleep Medicine (SFRMS).

This newsletter also reports on the [evolution of the Journal of Sleep Research](#). The ESRS board is happy to inform you that the JSR is in good standing and is positively evolving with an increasing impact factor during a period where other journals are having difficulties to maintain their publication level. Though much remains to be done, as always, we are working on it together with the Editor-in-Chief of JSR and his team of Editors, but we are in a positive trend. We would also like to take this

opportunity to remind you that the [Journal of Sleep Research](#) is the perfect choice to be read and discussed by colleagues in the sleep domain, so do not hesitate submitting your best papers! And finally, we are happy to report that the Editor-in-Chief of the JSR has been awarded a [Distinguished Scientist Award](#) by the Sleep Research Society (SRS) for his scientific contributions. We congratulate Derk-Jan Dijk for this deserved award, which underlies the dynamism of European sleep science.

As for the future, there is more than enough to keep all of us busy in the upcoming months and following year. As you well know, since Kyoto in 2011, the ESRS is hosting [Sleep & Health 2015](#), the 7th World Congress of the World Sleep Federation in Istanbul (October 31 – November 3, 2015). The [scientific program](#) is now complete and more than exciting with exceptional keynote speakers and symposia in the basic, clinical and translational areas of sleep and teaching courses on the first day. We also have many oral and poster communications, and we really hope to see you in Istanbul!

But very soon will also come our [23rd biennial ESRS meeting](#) in Bologna (September 13-16, 2016), a superb Italian city with a long history of outstanding contributions to sleep research and sleep medicine. The 23rd ESRS congress in Bologna will be a must-be-there event, and very soon you will be invited to propose symposia. As always, symposia will be at the core of the scientific content and highlights of the ESRS congress. Your contributions are highly valued and will receive the full attention of the organizers and especially of the Scientific Committee. We are confident that with your contributions, the ESRS will continue to offer the best science in sleep research and sleep medicine to our congress attendees.

I wish you all the best and a pleasant reading of this 2015 July newsletter. Sleep well, keep safe and do not hesitate to contact me or any member of the ESRS board with your remarks and suggestions. We need your involvement in fostering the sleep domain!

Sincerely,

Philippe Peigneux
ESRS President



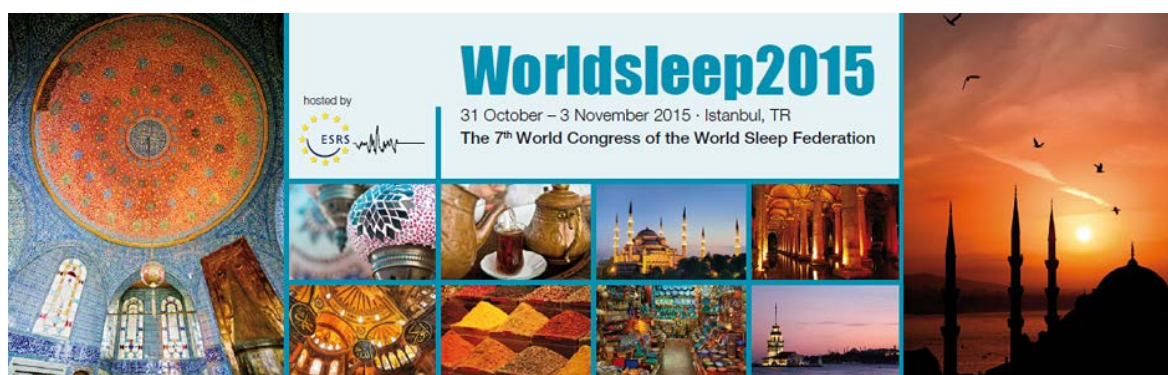
UPDATES ON ESRS CONGRESSES

WSF 2015 Istanbul

We received a good number of abstracts, 545. One hundred thirty (130) abstracts were selected for oral presentation, 4 for the Early Career session and 409 as posters.

The scientific programme looks very promising and we are looking forward to a successful meeting.

Don't miss the second [registration](#) deadline on the 26th of August.



ESRS 2016 Bologna

The call for Symposia will be open from the middle of July. Further information will follow on the [congress website](#) and in the next newsletter.





REPORT ON THE ANSS MEETING (PRAGUE, MAY 1-3, 2015)

The ANSS meeting took place in Prague on May 1-3, 2015. The event was finely hosted by the Czech Republic Sleep Society and was attended by 28 Presidents (or official representatives) of the National Sleep Societies in Europe and by most of the ESRS Board members.

All countries had the opportunity to present the achievements, projects and logos of their national societies.

The session dedicated to sleep medicine textbooks from the different countries granted a complete picture of the available educational material and aided in understanding the potential selling markets for publishers.

Discussion on the EU Commission Directive for drivers with sleep apnea and sleepiness offered a manifold picture of the critical aspects concerning the conflict between the rights of privacy and public interest. This also gave the impression, however, that in several countries (Austria and Estonia exposed more detailed notes) the national societies have started to seriously knock on the door of health authorities to prepare suitable countermeasures.

During the ESRS-ANSS meeting, the ANSS proposed to have a wider involvement in the organization of the biennial ESRS congress, offering a supplementary support of the host national society both at the scientific, professional and financial levels. The matter is currently discussed with the ESRS board.

The expanding growth of the Early Career Network and the tutorship of young clinicians and researchers was appreciated; a trend that will assure renewed vigour to the field of sleep.

A lively debate on the opportunity to have a professional somnologist recognized by the academic authorities in the European countries touched a crucial target of the ANSS strategy. In the next months, a task force, chaired by Dirk Peevernagie, will prepare a draft for the creation of the sleep medicine specialty in the EU.

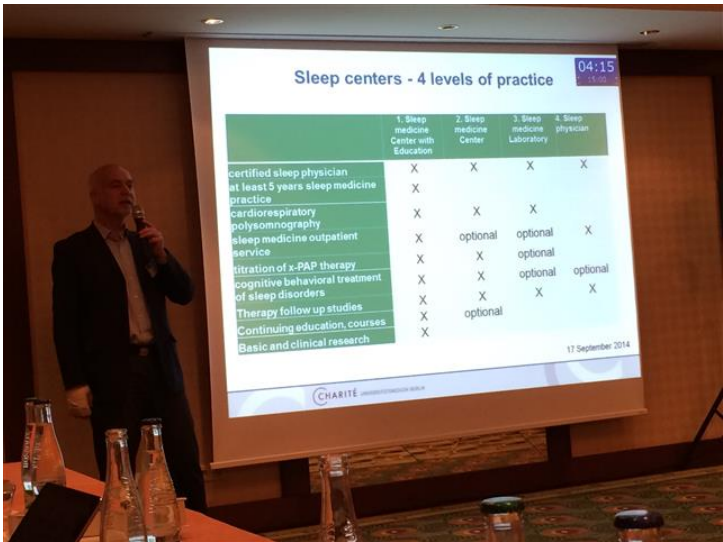
In the final session, the EU project on sleep for Horizon 2020 was illustrated by Roberto Amici, while an awareness campaign on sleep and elderly was proposed by Marta Gonçalves.

During the meeting special prizes were received by the Romanian Sleep Society (for the best presentation), by the Belgian Sleep Society (for the best logo) and by the UK Sleep Society (for the highest number of publications in sleep).

Liborio Parrino

Chair, Executive Committee ANSS

On behalf of the EC ANSS





THE JOURNAL OF SLEEP RESEARCH: WHERE ARE WE NOW?

The first volume of the [Journal of Sleep Research](#) (JSR) was published in 1992 and this year we will complete volume 24. During this period the JSR has grown considerably. While Vol. 1 contained 274 pages, this has risen to 727 pages for Vol. 23.

Over the years, the Impact Factor (IF) as provided by what is now Thomson Reuters, and calculated as the number of citations in a year to items (i.e. papers) published in the previous two years, has also changed quite a bit. The number of papers entered in this calculation has risen sharply since 2010, and this reflects the increase in the number of issues, from 4 to 6 (See Fig 1). During this period the number of citations has also increased and sharply so for the most recent IF (IF 2014, which was released in June 2015).

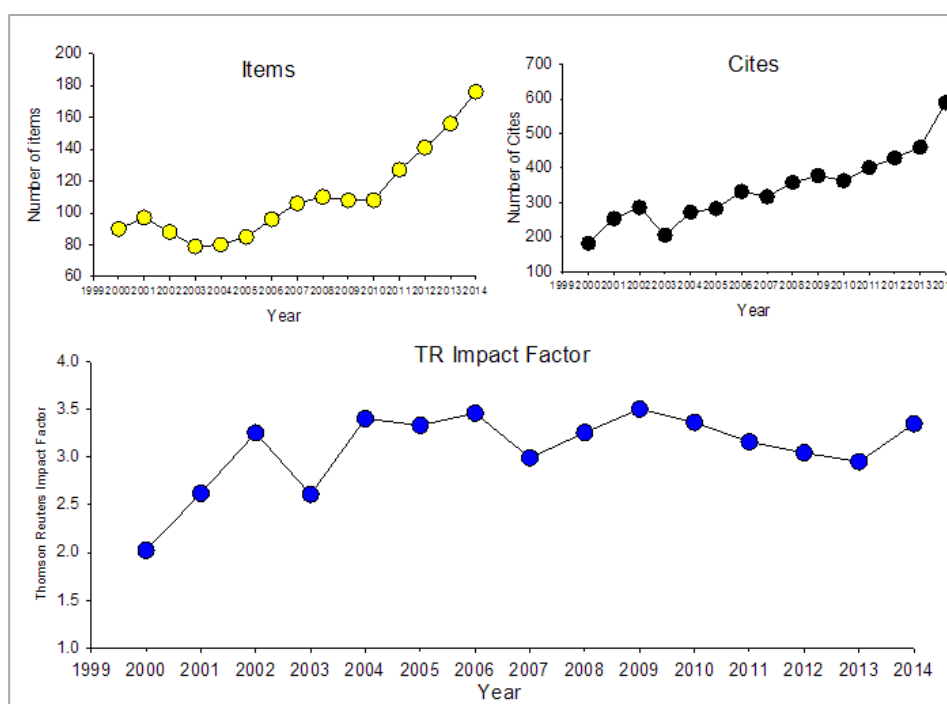


Fig. 1: JSR-IF (Thompson Reuters) 2000-2014

The IF (Cites/Items) had its ups and downs. It was 2.0 in 2000 and reached a maximum of 3.5 in 2009 when 108 papers attracted 374 citations. In subsequent years, when the total number of papers rose rapidly, the IF dropped somewhat to a minimum of 2.9 in 2013. Such a drop is an almost inevitable consequence of the increase in the number of papers included. Citations to papers are, in general, relatively low in the year they are published and higher in the year after. For 2014 the IF is up again to 3.347 with 176 papers attracting 589 citations.

This is good news. Even though the IF in itself should not be a goal for a journal, a reasonable IF is almost a prerequisite for attracting high quality manuscripts. The current IF puts the JSR in a good position relative to other sleep journals (Fig 2).

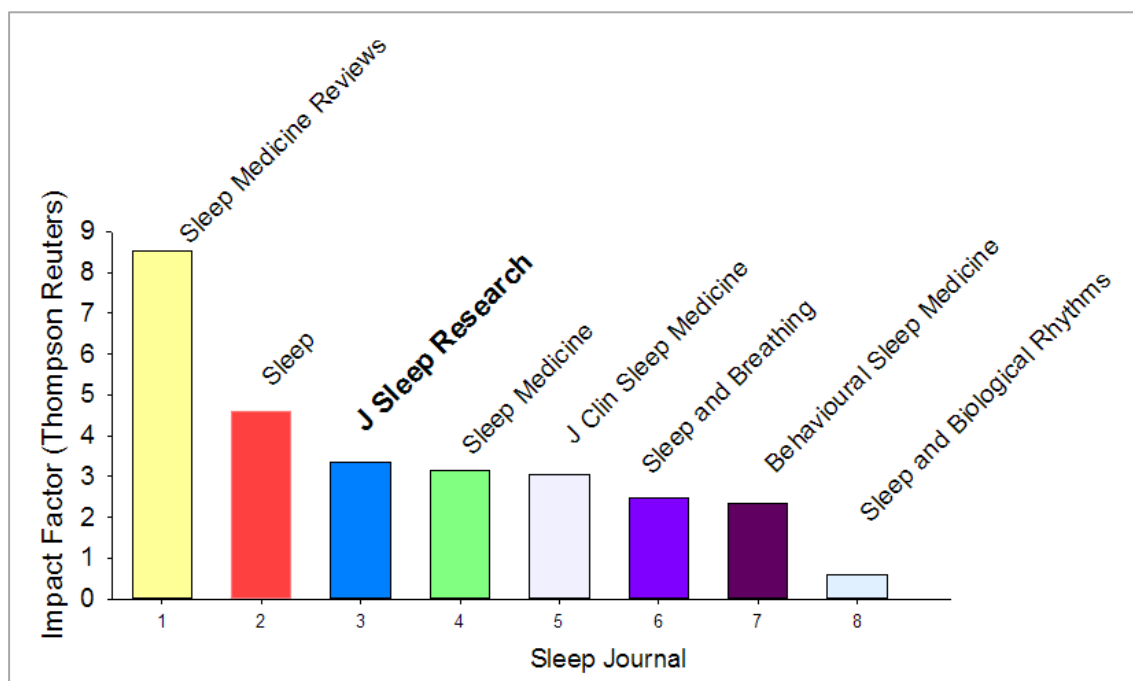


Fig. 2: Impact Factor (Thompson Reuters) for sleep journals

The JSR is now the second journal in the group of journals publishing primarily original research papers. All of this could of course not have been accomplished without the hard work of the Deputy and Associate Editors, the Reviewers, the Authors and Brigitte Knobl. Please continue to submit your research to the JSR, continue to act as Reviewer, Deputy or Associate Editor, etc., and help us grow the JSR's impact on the field of sleep research.

Derk-Jan Dijk
Editor in Chief



DERK-JAN DIJK AWARDED DISTINGUISHED SCIENTIST AWARD BY THE SLEEP RESEARCH SOCIETY

Derk-Jan Dijk, a longstanding member of the ESRS and Editor of the JSR, has received the Distinguished Scientist Award for his many contributions to the understanding of the homeostatic and circadian regulation of sleep.

The Distinguished Scientist Award is the Sleep Research Society's (SRS) highest award for scientific advances in the field of sleep research and is presented to a single individual for research contributions over their entire career. The Distinguished Scientist Award recognizes significant, original and sustained contributions of a basic, clinical or theoretical nature.

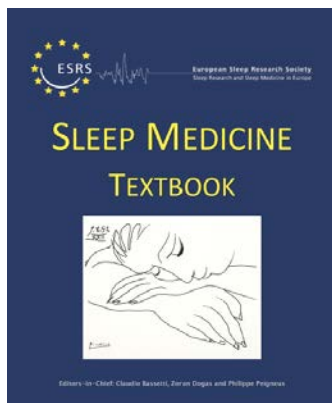
The award was presented to Derk-Jan in Seattle by Dr Allan Pack, President of the SRS, at the Sleep 2015 meeting, the 29th annual meeting of the Associated Professional Sleep Societies, a joint meeting between the American Academy of Sleep Medicine and the Sleep Research Society.

The prize has been awarded since 1989 and previous Europe based sleep researchers are Michael Jouvett, Pierre Luigi Parmeggiani, Ottavio Pompeiano and Alexander A. Borbely.

Commenting on the award, Derk-Jan says: "A successful career in academic sleep research is, foremost, an accomplishment of the multidisciplinary and international sleep research environments I have been so fortunate to be exposed to for the past 32 years in Europe and the US. The thorough supervision by a circadian biologist (Dr Serge Daan), a physicist (Dr Domien Beersma) and a psychiatrist (Dr Rutger van den Hoofdakker) during my PhD, and post-doctoral training and mentoring by world leading sleep researchers (Drs Alexander Borbely and Irene Tobler) and a human circadian physiologist (Dr Charles Czeisler) have made it virtually impossible to not be productive. I thank them, my current colleagues at the University of Surrey, and all collaborators, students, and postdocs for continuous inspiration and collaboration."



SLEEP MEDICINE TEXTBOOK



Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux

Publisher: European Sleep Research Society (ESRS)

Regensburg, 2014

ISBN: 9781119038931

The Sleep Medicine Textbook provides comprehensive, all-in-one educational material (550 pages) structured around the [Catalogue of knowledge and skills for sleep medicine](#) (Penzel et al. 2014, [Journal of Sleep Research](#)). Written by experts in the field and published by the ESRS, it provides a European approach to sleep medicine education, and represents the knowledge base for the ESRS-endorsed sleep medicine examinations.

Endorsed by ERS

	ESRS Members*	Non-Members
Price per copy	€ 140 Buy now via PayPal <i>Please login for Members' price</i>	€ 155 Buy now via PayPal

* As a courtesy of ESRS, members of the [Associate National Sleep Societies](#) (ANSS), the [European Biological Rhythms Society](#) (EBRS) and the [European Respiratory Society](#) (ERS) benefit from the reduced price.

BOOK ORDER

Fax/ email this form to Maria Wiechmann (ESRS Office) +49 941 29080975 / maria.wiechmann@esrs.eu

I hereby order _____ copy/ copies of the

Sleep Medicine Textbook (Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux) at copy price

☐ € 140 (ESRS, ANSS, EBRS and ERS members) ☐ € 155 (non-members)

I am a member of:

☐ ESRS ☐ ANSS* ☐ EBRS* ☐ ERS*

* Please include a membership certificate

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Delivery costs (to be added to the net price):

☐ € 8,90 (inside Europe*) ☐ € 15,90 (outside Europe)

☐ € 13,99 (with [shipment tracking](#) inside Europe*) ☐ € 28,99 (with [shipment tracking](#) outside Europe)

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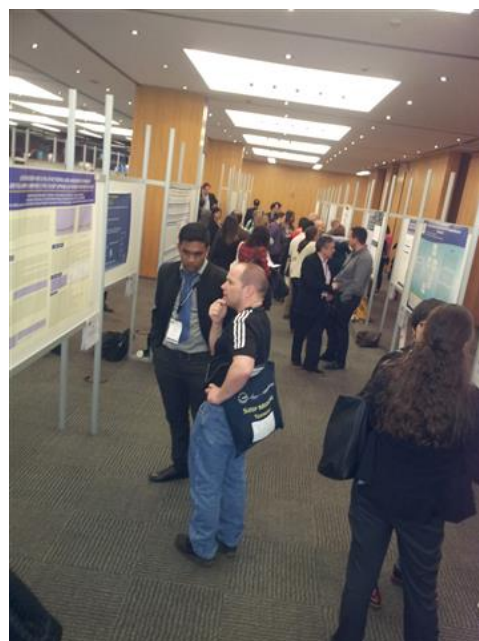


REPORT ON THE ESRS-ERS MEETING IN BARCELONA (APRIL 16-18, 2015)

The third bi-annual joint conference of ESRS and ERS on the topic of [Sleep and Breathing](#) was held in Barcelona from April 16-18. This meeting, which is primarily educational in focus, was attended by about 850 delegates and provided a State-of-the-Art review of the latest developments in Sleep and Breathing Disorders. In Barcelona 2015, the focus remained predominantly on sleep and breathing disorders but the programme also covered sleep-related areas of paediatrics, obesity, cardiovascular disorders, diabetes, psychology, psychiatry and neurology. Thus, the Sleep and Breathing conference is the only meeting offering an integrated and practical approach to the investigation and management of sleep disorders.

Before the meeting, a further examination was held for those seeking qualification as somnologists, both at a clinical and technical level. The examination was well supported and adds to the growing body of certified sleep specialists throughout Europe and beyond.

Walter McNicholas





CERTIFIED EXPERT SOMNOLOGISTS 2015

The fourth examination for Somnologists commissioned by the ESRS took place in Barcelona on 15 April 2015 during the [Sleep and Breathing Conference](#).

The ESRS Board congratulates all those who passed the ESRS Examination in Sleep Medicine and obtained certification as Expert Somnologists. The Expert Somnologists represent 20 different countries from across the world.

The link associated with the name will lead you to the laboratory where the sleep expert conducts her/his research activities.

Prof. Parisa Adimi Naghan (IR)
 Dr. Maria Jose Aguilar-Amat Prior (ES)
 Dr. Christina Alexopoulou (GR)
 Dr. Faris Alhejaili (US)
 Dr. Asad Ali (GB)
 Prof. Dr. Babak Amera (IR)
 Dr. Maria Basta (GR)
 Dr. Johannes Beck (CH)
 Dr. Lieven Bedert (BE)
 Dr. Carla Bentes (PT)
 Dr. Alexander Blau (DE)
 Dr. Markus Blaukovitsch (AT)
 Saskia Boukamp (NL)
 Juan Calderon Lopez (ES)
 Dr. Petar Chipev (BG)
 Kevin Collet (BE)
 Dr. Lonneke De Lau (NL)
 Dr. Antoon Dijkstra (NL)
 Enid Felix-van Dijn (NL)
 Dr. Michela Figorilli (IT)
 Médhi Gilson (BE)
 Prof. Daniel Gujer (CH)
 Marsha Hamers (NL)
 Prof. Catherine Hill (GB)
 Dr. Wytske Hofstra (NL)
 Dr. Jette Ibsen (DK)
 Prof. Asiye Kanbay (TK)
 Dr. Niki Karaiskaki (DE)
 Dr. Frédéric Lador (CH)
 Maria Fatima Lopes Teixeira (PT)
 Isabel Luzeiro (PT)
 Dr. Agneta Markstöm (SE)

[Dr. Gisèle Maury \(BE\)](#)
 Dr. Milagros Merino Andreu (ES)
 Dr. Pavlos Michailopoulos (GR)
 Dr. Pujol Montserrat (ES)
 Dr. Susana Moreira (PT)
 Antonio Moscariello (BE)
 Dr. Marta Naranjo Castresana (ES)
 Nicole Neerings-Verberkmoes (NL)
 Xuan Lan Nguyen (FR)
 Vanda Maria Oliveria Clemente (PT)
 Slobodanka Pejovic (RS)
 Dr. Angelique Pijpers (NL)
 Dr. Sigrid Pillen (NL)
 Dr. Paolo Porcacchia (ES)
 Dr. Paola Proserpio (IT)
 Else Redlich (NL)
 Dr. Silvia Riccardi (IT)
 Dr. Lisette Rohling (NL)
 Dr. José Antonio Romero Contreras (PT)
 Loredana Elena Rosca (RO)
 Dr. Oscar Ramon Sans Capdevila (ES)
 Dr. Maria Eulalia Semedo (PT)
 Dr. Joana Serra (PT)
 Dr. Annelies Smits (NL)
 Dr. Ron Tijdens (NL)
 Nienke Van Der Schaaf (NL)
 Dr. Reindert Van Steenwijk (NL)
 Dr. Lisette Venekamp (NL)
 Dr. José C. Vis (NL)
 Petra Vos (NL)
 Dr. Kristina Ziherl (SI)
 Marielle Zoetmulder (DK)



CERTIFIED EXPERT TECHNOLOGISTS 2015

The second grandparenting examination of Somnologist Technologists commissioned by the ESRS took place in Barcelona on 15 April 2015 during the [Sleep and Breathing Conference](#).

The ESRS Board congratulates all 32 members representing 8 different countries who passed the ESRS Examination and obtained certification as Expert Somnologist Technologists.

Marco Antunes (PT)
 Clement Bougard (FR)
 Mireille Janine Burchartz (NL)
 Elisabeth Claudel (CH)
 Simone De Lacy (ES)
 David Deremer (DE)
 Iain Duncan (GB)
 Maxime Elbaz (FR)
 Fabrice Espa (CH)
 Mafalda Ferreira (PT)
 Ana Isabel Ferreira (PT)
 René Heinen (NL)
 Basdeo Lalji (CH)
 Elsa Matos (PT)
 Elisabeth R. Mattern-Coren (NL)
 Maria da Conceição Mendes Almeida Travassos (PT)

Acácio Ramos (PT)
 Francisco José Robles Madrid (ES)
 Duarte Rocha (PT)
 Ann Ryckx (CH)
 Coby Salemans (NL)
 Rosa Santos (PT)
 Karin Springmann (DE)
 Meerie Steinbusch (NL)
 Ana Rita Tavares Dias (PT)
 Nadia Tobback (CH)
 Sofia Tsouli (GR)
 Maura Turci (NL)
 Pascal Van Beers (FR)
 Danique Van der Kroon-Ijsselstein (NL)
 Ebellina Katharina Warnaar-Kasper (NL)
 Nienke Wassink (NL)



NATIONAL SLEEP SOCIETY HIGHLIGHT SERIES

Interview with the President of the French Society for Sleep Research and Sleep Medicine (SFRMS), Prof. Isabelle Arnulf

Dear Professor Arnulf, what is the status of the accreditation procedures for sleep medicine experts? Can you explain how the procedure works?

The French Sleep Society has organized alone since 1985 and in cooperation with the Chest Society since 2008 a national inter-university diploma of Sleep Medicine (DIU, Diplôme interuniversitaire le Sommeil et sa pathologie), which is made up of 22 universities. It represents 96 hours of courses and 3 weeks of training in a recognized sleep center. It is a difficult diploma, passed by 50-60% of the students, and open only to MDs. In 2014-2015, there were 180 students registered in the course. This number increases every year, and we have to limit available places because of a lack of locations to train them in sleep labs. The program is organized by a national pedagogic committee (double coordination by Nicole Meslier for the Chest Society and Christelle Monaca for the Sleep society). Teachers come from all over France to teach in Paris, with half of the courses being in e-learning. There is still a local diploma in Lyon-Grenoble, with 30 registered students per year, but it is not validated by the Sleep Society.

Such an accreditation procedure is planned only for physicians or also for other professional figures like psychologists, technicians etc.?

Well, the DIU is a medical diploma. Psychologists and PhDs can attend the course and receive a certificate if they succeed, but not a diploma because they cannot examine patients and pass the part of the final examinations devoted to medical diagnosis and treatment of sleep disorders. Sleep technologists (nurses and radio-technologists) follow a university diploma of sleep technology, organized by Paris 5 university, with around 25-30 attendants per year.

Do you also have an accreditation procedure for sleep centers?

Yes, we do, for now more than 20 years. We accredit centers with a multidisciplinary approach to sleep medicine. The procedure closely follows the ESRS recommendations, with at least a physician having the DIU diploma, plus a minimal number of polysomnographies and MSLT/MWT activities (e.g., minimum 50 MSLT/y), a large information file to complete and a visit by 2 experts mandated by the Society on the site. Around 50 centers are accredited by the SFRMS, and their name is available for physicians and patients on the SFRMS site, by region. "Old" centers are revisited and re-accredited too.

Do you have accreditation procedures for centers with different characteristics (multidisciplinary, respiratory specific, pediatrics etc)?

No, we don't, and there is certainly room for improvement here. So far, we only accredit multidisciplinary centers, not respiratory specific centers. There has been a request from clinicians to identify expert centers in child sleep medicine, but we encountered difficulties in evaluating this expertise.

Is sleep medicine officially included in academic programs?

No, it is not. It is still part of the various organs' specialty. There is a chapter on sleep apnea in the pulmonology program, a chapter on sleepiness/narcolepsy in the neurology program and a chapter on insomnia in the psychiatry program.

Do you organize accredited sleep medicine courses?

Yes, we do so during a full day just before our national congress, and one or two other days in the year. We noticed that there was many non-university "stand alone" sleep medicine courses organized by private systems (imagine the pressure of CPAP companies and providers upon finding new prescribers, when sleep apnea can be a real financial business ...). As a sleep society, we tried to unify these offers of courses in 2014-15 by creating a common site on sleep medicine courses (www.sommeil-formation.org), a program committee, and three recommendation levels from the society (organized, accredited, or just supported by the society) to guarantee a high level medical content. It seems to work!

Are you working toward achieving the recognition of sleep medicine as a medical sub-specialty?

Yes, we tried hard during several years, president after president, and this is the first time that we are on the way to get this sleep sub-specialty, with support from the Health ministry and from the University ministry, thanks to the next reform of medical studies aimed at transversal trainings. The law will be published in September, 2015. If it works, France will be the third country to have the sleep sub-specialty, after Germany and Bulgaria. When 3 European countries have a sub-specialty, it applies to all EU countries! Six primary medical specialties (neurology, psychiatry, pulmonology, ENT, cardiology and occupational medicine) have agreed together to build a sub-specialty consisting of two levels: one obtained within the primary medical specialty (e.g., Level 1 for pulmonologists will include the respiratory sleep disorders and be completed within the pulmonology frame, with ECTs plus training in cardiorespiratory and polysomnography aimed at diagnosing sleep apnea and hypoventilation. Those who have completed this will be entitled to prescribe ventilations and dental orthoses; Level 1 for psychiatrists will be focused on insomnia and circadian sleep disorders, with ECTs plus training to use sleep diary and actigraphy, as well as how to perform CBT); and the second, multidisciplinary level, in which the student will complete all the missing sleep disorders diagnoses and treatments, as well as techniques (videoPSG, investigation of vigilance,..) with a full time semester in a sleep center. We expect numerous students for Level 1, to face the need for treating the highly frequent sleep disorders (insomnia by sleep psychiatrists, restless legs syndrome by sleep neurologists, sleep apnea by sleep pulmonologists), and around 20 new students per year in Level 2, to lead the multidisciplinary (mostly in-hospital) sleep centers and organize clinical research and courses.

Is basic research in the sleep field represented in the French Sleep Society activities?

Sure it is, thanks to several excellent basic research groups in the Society: Pierre Hervé Luppi and Jian Sen Lin are active members of the scientific committee, which organizes the congress. Note that the society was initially, as was ESRS, a research society. It has evolved within the last 30 years into a mixed clinical and research society (hence the name changed). SFRMS supports basic research by funding many master and PhD students in the basic research lab, giving travel grants to attend the congress and present their abstract, and via a Young Researchers Group meeting every year in the national Sleep Congress. Despite these supports, it was still difficult to grasp that basic sleep researchers would send posters and abstracts to the national meeting (only 2 or 3 did, vs. 120 abstracts from clinical research), because they found it more relevant for them to attend the neuroscience meeting. This year, for the first time, the Society is organizing a specific “basic research track” with the basic researchers (highlighted by a little microscope on the program) in the Congress, in addition to the three previous concomitant tracks (respiration, neurology/psychiatry and human sleep physiology), so that a basic researcher can attend only basic research symposia and conferences during the whole congress. I hope it will make it more attractive for them.

Thank you, Professor Isabelle Arnulf, for participating in this interview.

Lino Nobili



ESRS EVENTS

Worldsleep 2015 - 7th World Congress of the World Sleep Federation Congress

hosted by the ESRS

Date: October 31 – November 3, 2015

Venue: Istanbul, Turkey

Website: www.congrex-switzerland.com/worldsleep2015



[Online Registration:](#)

Reduced registration fee: **4 June to 26 August 2015**

23rd Congress of the European Sleep Research Society

Date: September 13 – 16, 2016

Venue: Bologna, Italy

Website: www.esrs-congress.eu/esrs2016





EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

Newcastle Sleep 2015

Research meets Clinical Practice

British Sleep Society Scientific Conference

Date: October 22 - 24, 2015

Venue: Gateshead, United Kingdom

Website: www.newcastlesleep2015.co.uk/

23rd Annual Meeting of the German Sleep Society - The sleepless society

Date: December 3 - 5, 2015

Venue: Mainz, Germany

Flyer: www.esrs.eu/uploads/tx_mnmesrscal/DGSM_2015_CfA.pdf

Website: www.dgsm-kongress.de/



FUTURE MEETINGS

3rd Alpine Sleep Summer School (ASSS)

A course in sleep medicine

Date: June 29 – July 3, 2015

Venue: Lugano, Switzerland

Website: www.sleep-summer-school.ch/index/

Invitation to participate: www.esrs.eu/.../ASSS_save_the_date.pdf

Sleep and Chronobiology Summer School

Date: July 20 – 24, 2015

Venue: Oxford, United Kingdom

Flyer: www.esrs.eu/uploads/.../SCNISummerSchool2015Advert.pdf

XIV European Biological Rhythms Society (EBRS) Congress and IV World Congress of Chronobiology

Date: August 2 - 6, 2015

Venue: Manchester, United Kingdom

Website: www.ebrs-online.org/



Sleep and aging: Perks for longevity?

Date: September 4, 2015

Venue: Liège, Belgium

Website: <http://events.ulg.ac.be/sleep-and-aging/>

Announcement and Speakers: www.esrs.eu.../Sleep_Aging_affiche_res.pdf

1 day symposium organized by the Cyclotron Research Centre at the University of Liège

Registration is free (but required).

Call for abstracts focusing on either sleep, chronobiology, aging and/or cognition in cells, animals or humans (prize(s) for best poster(s)).

Abstract deadline: 15 August 2015

Fall Brain Conference: The Neurobiology of Sleep and Circadian Rhythm

Date: October 11 - 14, 2015
Venue: Copenhagen, Denmark
Website: www.fens.org/.../The-Brain-Conferences/Sleep-and-Circadian-Rhythm/

Eighth Bi-Annual Conference on Pediatric Sleep Medicine

Date: November 12 - 15, 2015
Venue: Amelia Island, FL, U.S.A.
Flyer: www.brown.edu/.../PedSleep-2015.pdf
Website: www.brown.edu/.../pedsleepmedconference

Medicolegal Symposium

Date: November 13 - 14, 2015
Venue: Edinburgh, Scotland, UK
Flyer: www.esrs.eu/uploads/tx_mnmesrscal/Advert_Symposium.pdf

This symposium aims to provide up-to-date information on the theory and practice of neurolaw including sleep disorders and neuroimaging. The symposium would be of interest to all professionals involved in forensic aspects in this area.

1st International Conference on Sleep Spindling

Date: May 12 - 16, 2016
Venue: Budapest, Hungary
Website: www.sleepspindles.com/
Abstract submission information: www.sleepspindles.com/.../abstract...information

Abstract submission deadline: **January 15, 2016**

World Sleep 2017

Joint congress of the World Sleep Federation (WSF) and the World Association of Sleep Medicine (WASM)

Hosted by the Czech Sleep Research and Sleep Medicine Society

Date: October 7 - 11, 2017
Venue: Prague, Czech Republic
Website: www.worldsleepcongress.com/



NEW MEMBERS

The Society welcomes the following new members:

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JOB OPPORTUNITIES

Job opportunities can be accessed through the ESRS website at:

www.esrs.eu/education-career/job-opportunities.html

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